



10/14/18 – Authentic Being

Here are some quotes from the message on Sunday. Pick 3 to share and discuss.

- *“We might as well cooperate with truth’s emergence by letting ourselves be out in the open first. Otherwise, we will be left behind playing on the stage of pretense to an empty house.”*
- *“I would rather be in relationship with the real you, with all your quirks, than the false image of you that you think I can tolerate.”*
- *“Take off the mask, be who you are. You are beautiful. “*
- *“I will share myself vulnerably, openly and honestly. What you do with the information is up to you. You can use it, refuse it, abuse it or infuse it into our relationship that we may have a more authentic connection.”*
- *“I am no longer willing to trade my authenticity for someone else’s approval.”*
- *“The destination of becoming real is worth every moment of difficulty, for the sake of authentic love to be expressed.”*
- *“When I notice my human failings coming up, my job is to be conscious enough to make a different choice based on a higher and more authentic view of who I am.”*
- *“I am here to be seen. I am here to be known. I am here to be heard.”*
- *“You can’t heal that which you won’t acknowledge.”*
- *“My self-awareness allows me a more honest and connected life whether anyone else plays or not.”*